



Introduction to Discovery Badges

“What makes you unique?”

This is a question that many of our Embers and Guides are excited to answer. They know what they’re passionate about, and they’re looking for badges that can help them explore their interests and share them with others.

Why discovery badges?

Discovery badges celebrate the Ember or Guide who wants to dive deeper and explore *everything she wants to be*. Discovery badges are a fun way for a girl to put her own stamp on her Guiding journey, either on her own, with a trusted adult, or with her unit (in patrols or small groups). These badges are girl-driven and flexible – it is up to each girl whether she wants to explore them in addition to the program. Discovery badges aren’t meant to show that she has mastered a skill or subject. Instead, they showcase her unique passions and interests as she discovers who she is.

What discovery badges can I earn?

There are 13 discovery badges that Embers and Guides can earn.

Adventurer	Explore new and exciting places around the world and create unforgettable memories.
Animal Helper	Help furry, feathery, or scaly creatures stay safe and happy.
Artist	Get creative and express your ideas through drama, dance, visual art, music, and creative writing.
Camper	Go camping and build the skills you need to thrive outdoors in any season.
Change Champion	Be a champion for yourself and others by working toward fairness for all.
Experimenter	Explore and discover new areas of science, technology, engineering, and math.
Foodie	Discover new flavours and ingredients and use them to create delicious dishes and meals.
Inventor	Come up with new ideas, solve problems, and make things better for those around you.
Leader	Help others work together and discover what they’re good at so they can reach new goals.
Maker	Get hands-on to build, craft, and make things that are uniquely your own.
Mindful Mover	Try out different ways to get moving and power up your mind and body.
Planet Protector	Take action and make green choices to help keep our planet healthy now and in the future.
Volunteer	Make a difference by helping a cause you care about.

How do I earn a discovery badge?

1. Answer the questions below on your own or with your unit:

- What do I already know about this topic?
- What do I want to learn?
- Why do I want to earn this badge?

2. Complete the following three steps to earn the discovery badge.

Step 1: Discover more about a role model related to the discovery badge. There are many ways to do this. Some examples are below:

- Connect with a woman related to the discovery badge who is a leader or role model. They can be a family member or friend, and you can connect in-person or online. If you're meeting someone new, remember to have a caring adult with you.
 - If your unit has a Junior Leader, you could interview them if they have a special talent or interest related to the discovery badge.
 - If you connect with a role model, talk to them about the following:
 - What you want to learn about, try, and/or do for this badge.
 - What they do in this area and how they started.
 - Your plan for this badge. (You can ask for advice on how to make it happen.)
- Watch a video that's related to the discovery badge.
- Read (or listen to) a book or story that's related to the discovery badge.
- Listen to a podcast that's related to the discovery badge. [Good Night Stories for Rebel Girls](#) is a great place to start!
- Take part in an experience or field trip connected to the discovery badge. It can be in-person or virtual.

Step 2: Make or do something related to the discovery badge to practise your skills or try something new. Check out the examples in the Tips, tricks, and more section for ideas to help you get started.

Step 3: Share your experience and what you've created with your Guider or your unit! How and what you share is up to you. When you're planning, think about the following:

- Who would be interested in this badge?
- Why did I want to earn this badge?
- Who was my role model? Why did I pick them?
- What did I learn, try, and/or make that I want to share with others?

Embers will spend about 2-4 hours completing a discovery badge.

Guides will spend about 3-6 hours completing a discovery badge.

